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Contact: Tracy Swanson
Healthy West Orange
Phone: 407-296-1861

West Orange County Strives to Become the Healthiest Community in the Nation

WEST ORANGE County, FL September 29, 2016 — Healthy West Orange, a movement that seeks to transform West Orange county into the healthiest community in the nation, is introducing a new brand mark and website. The elements were revealed at a community breakfast Tuesday, September 27. During the event, community leaders were invited to become Healthy West Orange champions, encouraged to assist in creating community awareness, and engaged to empower other individuals to take the pledge and join the movement to help make West Orange the healthiest community in the nation.

“The West Orange Healthcare District is very pleased to champion a movement that aims to be the community force for wellbeing by inspiring our community with information, tools, and social connections to sustain a transformation through creating and supporting a culture of wellness,” said Norma Sutton, West Orange Healthcare District board chairman.

“Environmental factors are impacting the quality and length of life across the nations. Healthy West Orange is a movement that capitalizes on many grassroots efforts already underway in the community, all of which offer opportunities to improve our quality of life as a community,” said Mark Marsh, President of Orlando Health – Health Central Hospital.

Healthy West Orange was launched by the West Orange Healthcare District, Orlando Health – Health Central Hospital and The Observer Media Group; three organizations with over 200 years of service and partnership in the West Orange community. Through a new interactive website, ongoing health and wellness expos and the support of community champions, Healthy West Orange seeks to reduce barriers, provide reliable information, and foster opportunities for residents to take ownership of their health and wellbeing. The journey begins by taking the pledge and joining the movement.

Healthy West Orange is comprised of an engaged network of business, government, faith-based organizations, educational institutions, not-for-profit entities, healthcare professionals, neighborhoods

and families on a journey to improve residents' health and well-being through wellness, access and empowerment.

For more information or to take the pledge and join the movement to become a Healthy West Orange champion visit: [//www.HealthyWestOrange.org](http://www.HealthyWestOrange.org)

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